

Welcome to this Online, Spiralling with The Wheel of the Year Course.



(Picture source - <https://uk.pinterest.com/pin/203295370656300947/>)

Congratulations on taking your first steps of transformation and change by following the simplistic natural event of the turning wheel, from Ostara to Imbolc. If you are joining the course in the middle or part way through the wheel, Welcome. It doesn't matter whether you start at Ostara or another point in the Wheel; for you are starting at the right time, change and transformation can only happen when you are ready, let's begin.

We will follow the Celtic and Avalonian Wheel of the Year, turning and spiralling with each of the 8 festival seasons, Ostara, Beltane, Litha, Lammas, Mabon, Samhain, Yule and Imbolc.

As with all the Seasons we will be looking at, it's not so much about the reading of my words but of your own workings and experiences, I believe truly in the practice of Esoteric Knowledge, meaning something that is learned through practical experiences. So go outdoors, connect in with nature, talk to the trees, the birds the land, be as one with Her as you can be, let go of the ideas that it's weird or I may be seen as a tree hugger for we are beings of nature and through our own experiences we come much closer to nature than any book could or can teach us.

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We will be learning how to live in the flow of Nature by following the Divine Feminine and the Divine Masculine through the changing faces of the year, learning how to connect with the Elements of Air, Earth, Fire and Water, Studying tree lore, finding your guides and power animals, using crystals and essences to help you change your life.

Throughout the course we will also be looking at the 8 different phases of the moon and how they work alongside each of the seasons, at night you may want to connect in with the moon and talk to Her, working with the specific lunar phase that night. The Moon takes 28 days to complete its full cycle which means we get to see all the aspects of our seasons within the period a month. There are many moon chants and songs that can be found on YouTube, so when you see the shining moon at night you may want to say hello or chant lovingly into Her silvery light.

During the course there will be ceremonies, activities, homework and tasks for you to get involved in, this will not be marked but please share your work with our Facebook Group (The Wheel of the Year Course), this allows everyone to share their understanding and knowledge, peer evaluation is always a useful tool for us to use. If you do have any questions then please ask, as we are always here to help you. If you feel that you need extra or additional help/support then please contact Daniel Le Fey, ([contact@daniellefey.co.uk](mailto:contact@daniellefey.co.uk)) you are not alone.

There will be certain seasons that you feel more connected to than others, this is perfectly normal, mark these seasons down in your journal so you know which ones you feel less connected to, so you can work more closely with them when the wheel turns back around.

Each Spiral (Lesson) will be sent out to you 2 weeks before the Sabbat/ Holy Day, this allows you time to sense and feel the shifting energies of the year, a wonderful time of change and movement between one season to another. You will receive a compressed zip file, containing a variety of files, videos and voice recordings (all labelled), begin at 0 and work your way through. Once you have completed all 8 Spirals a certificate of achievement will be available for you to download or posted to you (+P&P).

Now it is time for you to begin your Spiral and take your first footsteps on the wheel, take your time, there is no need to rush, each season usually lasts around 6 weeks, allowing plenty of time for you to go as deep with the training as you want to go.

Enjoy!

Bright Blessings X

*Daniel Le Fey*  
*Priest of the Goddess and of Avalon.*